

11:30 am at the Rec Center  
\$3.00 Cost Share Donation

# March Lunch Menu

Macomb County  
Residents 60 or older

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Beef Stew, Warm Spiced Peaches, Spinach Salad, Fruited Gelatin, & Dinner Roll	<b>2</b> Roast Pork, Mashed Potatoes, Vegetable Blend, & <b>Frosted Birthday Cake</b> <b>Birthday Party</b>	<b>3</b> Turkey Burger, Carrots, Greek Pasta Salad, & <b>Mixed Berries w/ Whipped Topping</b>	<b>4</b> Vegetable Lasagna, Garlic Green Beans, Garden Salad, Banana, & <b>Vanilla Pudding</b>
<b>7</b> Crispy Chicken, Roasted Redskin Potatoes, Corn, & Peaches 	<b>8</b> Pepper Steak Over Linguine, Peas & Carrots, Confetti Coleslaw, & <b>Pineapple Dessert</b> <b>International Women's Day</b>	<b>9</b> Roast Turkey, Mashed Potatoes w/ Gravy, Broc- coli, Cauliflower, Carrots w/ Tomato Salad, Pear, & Dinner Roll	<b>10</b> Spaghetti, Green Beans, Italian Garden Salad, <b>Vanilla Yogurt w/ Strawberries</b> , & Italian Bread	<b>11</b> Tuna Salad w/ Croissant, Macaroni Salad, Broccoli Cheese Soup, & Yellow Delicious Apple
<b>14</b> Sweet & Sour Chicken Over Rice, Far East Vegetable Blend, Egg Roll, & Apricots	<b>15</b> Salisbury Steak, Mashed Potatoes w/ Gravy, Zucchini w/ Tomatoes, & <b>Mixed Berries w/ Whipped Topping</b>	<b>16</b> Chicken Breast Sandwich, Carrots, Spinach Salad, & Orange 	<b>17</b> Corned Beef, Round Potatoes, Cabbage w/ Carrots, Fruited Gelatin, <b>Oatmeal Raisin Cookie</b> , & Rye Bread <b>St. Patrick's Day</b>	<b>18</b> Cheesy Lasagna Roll- Ups, Brussels Sprouts, Garden Salad, Banana, & <b>Vanilla Pudding</b>
<b>21</b> Polynesian Chicken Legs, Brown & Wild Rice w/ Garden Peas, Pickled Beets & Onions, & <b>Ambrosia</b>	<b>22</b> Turkey Tetrazzini, Malibu Vegetable Blend, Italian Garden Salad, Pear, & Dinner Roll	<b>23</b> Philly Steak Sandwich, Roasted Pota- toes, Poppy Seed Confetti Coleslaw, & <b>Vanilla Yogurt w/ Diced Peaches</b>	<b>24</b> Baked Ham, Sweet Potatoes, Key West Vegetable Blend, & <b>Angel Food Cake w/ Strawberries</b> <b>Easter Party</b>	<b>25 Program Closed</b> <b>Good Friday</b> 
<b>28 Program Closed</b> <b>Easter Monday</b>	<b>29</b> Swedish Meatballs Over Egg Noodles, Carrots, Three Bean Salad, & Apple	<b>30</b> Orange Chicken Legs, Baked Potato, Malibu Vegetable Blend, & Fruited Gelatin	<b>31</b> Stuffed Shells, Garlic Green Beans, Garden Salad, Mixed Berries w/ Whipped Topping	

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# February Lunch Menu

Macomb County  
Residents 60 or older

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Sweet & Sour Chicken Over Rice, Vegetable Blend, Egg Roll, & Apricots	<b>2</b> Baked Meatloaf, Carrots w/ Dill, Confetti Coleslaw, & <b>Mixed Berries w/ Whipped Topping</b>	<b>3</b> Roast Pork, Garlic Mashed Potatoes, Brussels Sprouts, Orange, & Dinner Roll	<b>4</b> Chili Hotdog, Potato Salad, Baked Beans, <b>Chocolate Chip Cookie</b> , & Fruited Gelatin <b>Super Bowl "50"</b>	<b>5</b> Enchilada Casserole, Refried Beans, Garden Salad, Banana, & <b>Vanilla Pudding</b>
<b>8</b> Salisbury Steak, Mashed Potatoes w/ Gravy, Corn, Apple, & Dinner Roll 	<b>9</b> Chicken Jambalaya Over Rice, Creole Green Beans, Spinach Salad, Mandarin Oranges & <b>Paczki</b> <b>Marti Gras Party</b>	<b>10</b> Breaded Fish Sandwich, Roasted Rosemary Potatoes, Chickpea, Feta, w/ Tomato Salad, & <b>Ambrosia</b>	<b>11</b> Submarine Sandwich, Pasta Salad, Twice Baked Potato Soup, & Pear 	<b>12</b> Stuffed Shells, Key West Vegetables, Italian Garden Salad, <b>Vanilla Yogurt w/ Strawberries</b> <b>Valentine's Day</b>
<b>15 Program Closed</b> <b>President's Day</b> 	<b>16</b> Sloppy <b>Jane</b> Sandwich, Corn O'Brien, Creamy Confetti Coleslaw, & Peaches	<b>17</b> Stuffed Green Pepper, Mashed Potatoes, Garden Salad, & Mixed Berries, w/ Whipped Topping <b>Birthday Party</b>	<b>18</b> Brunswick Stew, Cinnamon Scalloped Apples, Broccoli, Cauliflower, Carrots w/ Tomatoes Salad, Fruited Gelatin, & Corn Bread	<b>19</b> Macaroni & Cheese, Peas w/ Carrots, Cucumbers w/ Tomatoes, <b>Vanilla Pudding</b> , Banana, & Dinner Roll
<b>22</b> Potato Crunch Pollock, Stewed Tomatoes, Brown Bean Salad, & Tropical Fruit Salad	<b>23</b> Roast Beef Sandwich w/ Gravy, Garlic Mashed Potatoes, Broccoli Raisin Salad, & Pear	<b>24</b> Lemon Chicken Legs, Brussels Sprouts, Spinach Salad, & Apple <b>Heart Health Awareness</b>	<b>25</b> Turkey Pot Roast, Mashed Potatoes, Carrots, <b>Vanilla Yogurt w/ Strawberries</b> , & Dinner Roll	<b>26</b> Baked Ziti, Green Beans, Italian Garden Salad, Pineapple w/ Mandarin Oranges, & Italian Bread
<b>29</b> BBQ Chicken Legs, Au Gratin Potatoes, Baked Beans, & Orange <b>Leap Year Celebration</b>				